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What's Cooking - Super Bowl Crab

Last Edited: Tuesday, 29 Jan 2008, 12:56 PM EST  
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TOPIC: SUPER BOWL PARTY  
PREPS - CRAB  
GUEST: GREG CAIN,  
PRESIDENT, Crab Place

Cheese Nachos with Crab Salsa  
Makes 4 Servings

This recipe is so easy and perfect for the big game. It puts you front and center with your friends, not in the kitchen!

Two large handfuls of your favorite Nachos  
2 cups Shredded Cheddar Cheese  
1 16-ounce jar Crab Salsa  
optional: sour cream

Preheat the oven to 350° F with a rack in the middle and a rack on the bottom rung.  
Spread the Nachos out on a sheet pan. Sprinkle them evenly with the shredded cheddar cheese.  
Bake the nachos for 15 minutes, or until the cheese has melted. Depending on your oven, this cooking time may vary, and most likely will be a little longer.  
Serve immediately with crab salsa on the side and optional sour cream.  
Note: the microwave can melt the cheese as well. Cook for one minute at a time until the cheese has melted.

Mini Crab Cakes and Crab Salsa/Crab Marinara  
Makes 4 Servings

Crab cakes pair wonderfully with Crab Salsa and Crab Marinara. You can spoon the salsa or sauce over the crab cakes -- or simply use them for dipping!

6 mini crab cakes  
1 16-ounce jar Crab Salsa or Crab Marinara  
optional: 1 cup Shredded Cheddar Cheese

Preheat the oven to 350° F with a rack in the middle and a rack on the bottom rung.  
Place the crab cakes on a sheet pan. Sprinkle them evenly with the optional shredded cheddar cheese.  
Bake the crab cakes for 15 to 20 minutes, or until the cheese has melted and the crab cakes are piping hot. Depending on your oven, this cooking time may vary, and most likely will be a little longer.  
Serve immediately with crab salsa or crab marinara. Spoon it over the crab cakes or leave it on the side for dipping.

Pasta with Crab Marinara  
Makes 4 Servings

Most people grew up loving pasta, probably because it's such an easy dish to make and it's satisfying for adults and kids alike. This recipe calls for you to smother the pasta in Crab Marinara. To further dress up the pasta, sprinkle it with Parmesan or Romano cheese.

1 pound pasta (the shape of your choosing)  
2 tablespoons olive oil  
2 tablespoon kosher salt for the water, plus a little kosher salt for seasoning the noodles (if necessary)  
1 16-ounce Jar Crab Marinara  
Grated Parmesan or Romano Cheese, optional

Fill a large pot with cold water (about ¾ of the way full). Add the olive oil and 2 tablespoons of the salt and bring to a boil over high heat. When the water boils, add the pasta and give them a good stir. Follow the manufacturer's cooking instructions; pasta can take up to 15 minutes, depending on the brand.

Meanwhile, in a saucepan heat the Crab Marinara over medium low heat. When the pasta is finished, drain it, taste, and add a little salt if you think it's necessary. Transfer the pasta into a large bowl and cover it with the warmed Crab Marinara. If you like, sprinkle the pasta with the optional cheese. Serve immediately.

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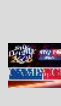
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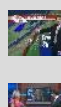
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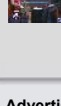
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