

Peachy-keen ingredients and three teps yield a fresh and

A few ingredients and three easy steps yield a fresh and fruity dessert that showcases summer berries in all their glory

Peach Melba Summer Pudding Makes 6

- 1 box (12.5 oz.) frozen French toast, like Aunt Jemima, thawed and divided
- eeling crabby
- ENTER TO WIN A SEAFOOD FEAST · 1 l In bo

You could be hosting your Frenc own Chesapeake-crab dincrumb ner party with this delicious tesy of CrabPlace.com. This family-owned online remaini dream prize worth \$364, courcombine and 1 Tb shown in reserved o

seafood store is based in Crisfield, Maryland—the crab capital of the world. One lucky First reader will receive a summer seafood supper that includes 24 crab balls, 6 (8 oz.) crab cakes, 4 jars (16 oz.) tomato-corn salsa with fresh crabmeat, 12 premium steamed and seasoned blue crabs, 1 jar (8 oz.) cocktail sauce and 1 jar (8 oz.) tartar sauce. To enter, send your name, address and phone number to The Crab Place Giveaway, First magazine, 270 Sylvan Ave., Englewood Cliffs, NJ 07632 by September 1, 2008. Turn to page 116 for rules.

5 min. Total time: 15 min., plus

Cal. 288 Pro. 6g Carb. 58g Fiber 2g. od. 294mg Total Fat: 4g Sat. 1g Trans. 0g



Step three: Invert and serve

Discard top layer of plastic. Pull up on bottom layer of plastic; invert pudding onto 6 plates. Gently remove plastic and discard.

Summer p

MASTE

Make pudding that French toast with a loat from column B and the lemon

zest with a liqueur from column C.







Column C rum coffee-flavored liqueur orange-flavored liqueur brandy cherry-flavored liqueur peach-flavored liqueur

Feeling crabby?

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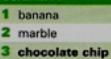
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sour cream

butter loaf raisin

blueberries frozen mixed berries, thawed